

Post Conference workshop

3 Days

Date: 29 April-1 May 2020

Venue : EduFly College

"The Model, Method, and Techniques"

By



Dr Robert Brockman

SCHEMA THERAPY TRAINING AUSTRALIA (STTA)

PhD/DClinPsy, Clinical

**Psychologist (Sydney, Australia) ISST Accredited Schema
Therapist, Supervisor & Trainer**

**Accredited by ISST (International Society for Schema Therapy), ASST (Asia
Society for Schema Therapy), MAP (Malaysian Association for
Psychotherapy) and Malaysian Cognitive Behavioural Therapy
Association (MCBTA)**

This introductory workshop will help attendees gain an understanding of the Schema Therapy model and provide an extensive platform for learning new skills and techniques used in Schema Therapy. The workshop will address both the schema and 'mode' models. The training is skills based, with multiple opportunities to learn complex techniques for working with difficult-to-treat clinical populations, with a particular focus on Borderline Personality Disorder and its treatment. It will provide you with a good platform for learning and practicing skills, as well as direct coaching of skills therapists often feel less confident in applying. This workshop presented by STTA is accredited by the International Society of Schema Therapy (ISST) as a 3-day introductory workshop that can be used for the purpose of accreditation as a schema therapist. In addition, to accreditation by ISST (International Society for Schema Therapy) it is also accredited by Malaysian Association for Psychotherapy (MAP), Malaysian Cognitive Behavioural Therapy Association (MCBTA) and International Society for Psychotherapy, Counseling & Psychotherapy (ISPCP)