

## **Pre-Conference Workshop**

**2 days**

**25-26 April 2020**

**Venue: EduFly College**

# **Schema Therapy for Couples: Practitioner Training**

## **Abstract**

Day 1 will include Introduction to couple therapy including a systems perspective, the first interview, Assessment with genogram, Working hot with Emotion Focused Couple Therapy, Role play, Schema

Therapy perspective, Inter-relationship of schemas and modes, Mode mapping and Mode Cycle Clash Cards, intervention with chair work, and a special focus on affairs. Day 2 will include Imagery work to build couple empathy, Family of origin dynamics, Re-scripting messages, Distinguishing needs and wants, Behaviour pattern breaking, Case conceptualization, Building Healthy Adult and Hidden or implicit learning for couples.

In addition, to accreditation by ISST (International Society for Schema Therapy) it is also accredited by Malaysian Association for Psychotherapy (MAP), Malaysian Cognitive Behavioural Therapy Association (MCBTA) and International Society for Psychotherapy, Counseling & Psychotherapy (ISPCP)

**Presenter**



**Dr. Bruce A. Steven**